**Instructions for New Allergy Patients at LSHC**

The health center welcomes you as a patient. To ensure your safety and safe administration, we require your cooperation in a few procedures.

**Vials**

* All vials must be labeled with the patient’s name, expiration, and identification.

**Dose Schedule Instruction Sheet**

* Name, address, office telephone number and fax number of prescribing allergists
* Frequency of injections
* Dosing schedule for each injection
* Specific instructions regarding dosage if you are late for a scheduled dose or had an adverse reaction to the last dose given
* Route of administration for each injection
* Instructions for mixing in one syringe antigens from different vials, if prescribed by your allergist
* Information concerning the treatment of different sized reactions to the antigens

**Allergy Vials**

* Vials may be sent directly to LSHC where they will be stored. Patients are responsible for making sure vials are re-ordered, but the shot ot room nurse will confirm and reorder when indicated on the shot record. The nurse will fax the request for refills at the patient’s request.

**Epi-Pen**

* Bring your Epi-Pen to **every** appointment.
* If you need a new prescription let your allergist or LSHC know so we can ensure you have one available.

**Allergy Appointments**

Appointments are available for M-F 8:00 a.m. to 4:30 p.m. (9:00 a.m. on Thursdays)

You can call **662-325-2431, option 1** to make an appointment.

It is encouraged to make your appointments ahead of time to ensure the correct timing of administration.

A physician must be in the building to treat any allergic reaction. Medications such as epinephrine are available for appropriate treatment. All patients are to remain under observation for **20 minutes** following allergy injection or the time advised by the allergist to ensure there is no adverse reaction.

*Symptoms include: itchy eyes, nose, and throat, nasal congestion, runny nose, tightness in throat or chest, coughing, increased wheezing, lightheadedness, faintness, nausea, hives, or anaphylaxis.*

**ALL INJECTION SITES ARE TO BE CHECKED BY A NURSE PRIOR TO LEAVING**